

ROCK CLIMBING

Trip Information & Equipment List



You need to bring:

Sleeping: sleeping bag and pillow (tents are provided)

for rock climbing: Comfortable clothing, water bottle, etc.
(climbing shoes will be provided)

Toiletries: Toothbrush, soap, towels, toothpaste, deodorant, sun-screen, etc.

Extras: Camera, sunscreen, flashlight, swimsuit, etc.



What we have planned for you:

You will stay two nights at the scenic campgrounds at Lost Valley and spend Saturday climbing with expert guides. Bring what you need to be reasonably comfortable. All rock climbing equipment will be provided, including climbing shoes.

Don't forget:

Your trip tentatively leaves at 2:30 p.m. on Friday, August 17th. Be sure to check with your leaders when you arrive to confirm your exact departure time.